



Newsletter

Term 3 Week 5 2019

Explore, Discover, Learn

JPS - Your Local Small School - Where Every Child Counts Every Day

Calendar—Term 3, Week 5—Week 8

Friday	23rd August	Todd Woodbridge Cup Stage 2
Wednesday	28th August	African Beat Drumming @ Bowning P.S 1.30pm
Friday	30th August	Riverina Athletics @Albury (selected students)
Wednesday	11th September	Trent Barrett Shield @ Harden Stage 2
Friday	13th September	Responsible Pet Ownership @JPS Spelling Bee Regional Final @Turvey Park (selected students)

Jugiong Public School is an excellent school where quality teaching and learning takes place in a positive, caring environment. Our staff are dedicated, highly skilled, caring professionals who are deeply committed to ensuring that all our students reach their potential. We cater for individual differences through quality educational programs.

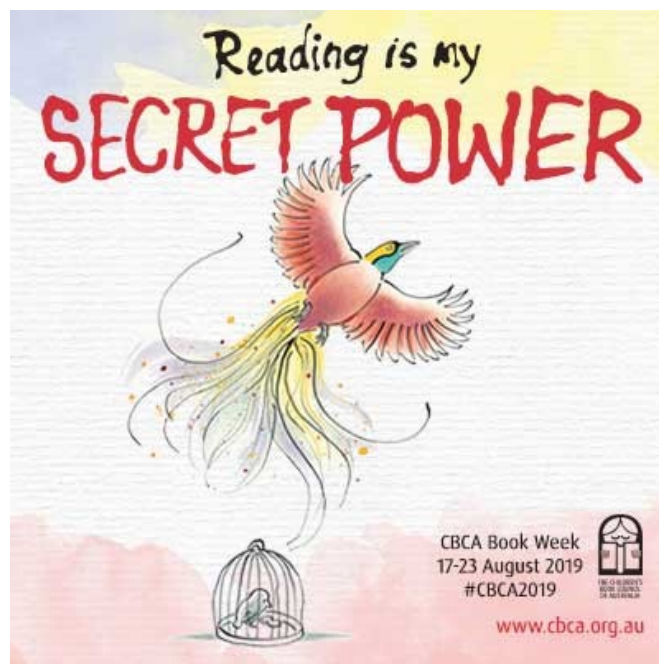
We are a welcoming, friendly school community and have strong relationships with parents and carers. The P&C and parents are actively involved and warmly welcomed in the school. Your role as a parent in the education of your child is valued greatly. Contact the school now to enrol your child.

Kindergarten Orientation Days for 2019

- Tuesday 3rd September 9.30am —11.30am
- Thursday 12th September 9.30am —11.30am (Parent Meeting @9.30am)
- Tuesday 17th September 9.30am —11.30am
- Tuesday 22nd October 9.30am —11.30am
- Tuesday 29th October 9.30am —11.30am
- Tuesday 5th November 9.30am —11.30pm

Garden Maintenance

Lisa Elphick has been doing a fabulous job in the Garden over the past month or so. Getting it into tip top shape. She is passionate about garden's and has some great idea's. Lisa is looking for any big solid pots suitable for succulents or other shrubs. If you have any unwanted sturdy pots that you could donate to the school, we would be greatly appreciative. Please drop any donations to the school or contact Lisa.



Book Week and Book Fair

Our Book Fair is on tomorrow Thursday 22nd August with the parade beginning at 9.30am and the shopping of books following. Come dressed as your favourite book character.

There will also be a box of pre-loved bargain books available for purchase of just \$1 each.

We look forward to seeing you and your family and friends at our Book Fair! Remember, all purchases benefit our wonderful, little school.

Lost Jumper

Please check your school jumpers, as one is lost. We are looking for a size 10, new polar fleece jumper. If you find it, could you please return it to school. Thank you!

Respect, Responsibility, Resilience

Principal: Deborah Main E: jugiong-p.school@det.nsw.edu.au T: 69454210 W: www.jugiong-p.schools.nsw.gov.au

Athletics Carnival

On Thursday the 15th of August, 12 students competing from grades 2-6, travelled to Temora, to participate in the district athletics carnival. The Jugiong relay team won gold with Lucy, Maurie, Lachie and Sam all trying their very best. Sam Manwaring had further success also making it to Riverina in the 800m and 1500m.

Unfortunately, some students narrowly missed out on progressing to the next level, like Monty Hyles getting third and with the distance of 20m in the discus.

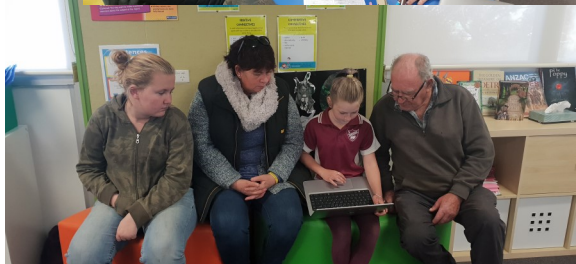
Everyone put in their greatest effort and had a fantastic day.

By Sam Manwaring and Lucy Robb



Education Week Open Classrooms

Education Week took place in week 3, and we opened up the classrooms to our family and friends. Here is just a snap shot of the photo's taken on the day. You can view all of the photo's on our website.




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CLASS SCHEDULE

BOOKINGS ESSENTIAL, LIMITED SPACES
to book your spot contact me 0429315786

M 9:15am CARDIO CORE MUMS & BUBS focusing on core strength with body weight exercises to tone	T 9:00am RAAR Release with myofascial techniques, Activate and Align to Restore balance, mobility and posture	W 10am CARDIO CORE MUMS & BUBS focusing on core strength with body weight exercises to tone	T 9:15am HII High Intense, cardiovascular anaerobic exercises with the best benefits fitness offers, in the shortest time increase metabolism, improve muscle mass, improve oxygen consumption, decrease blood pressure and blood sugar, improve bone health	F 6:00am YOGA A beginner Vinyasa Yoga and Meditation Practise focusing on breathing techniques, mind body connection while releasing and restoring posture
M 5:45pm PILATES Enhance Strength and circulation using breath body connection regardless of your fitness level this class will strengthen your core and increase your flexibility	T 6:30pm MFR Self Myofascial Release, is a deep tissue massage class to relieve pain, tension and imbalances to maintain posture and flexibility, reducing stress, recurring injuries, muscle, back and neck pain	W 6:30pm MFR Self Myofascial Release, is a deep tissue massage class to relieve pain, tension and imbalances to maintain posture and flexibility, reducing stress, recurring injuries, muscle, back and neck pain	T 5:45pm PILATES Enhance Strength and circulation using breath body connection. regardless of your fitness level this class will strengthen your core and increase your flexibility	F 



GUNDAGAI PRESCHOOL KINDERGARTEN 2020 Enrolments now open.

Highly Qualified and Experienced Educators with University Trained Teachers

We have provided TRADITIONAL Preschool Education for 50 years. We pride ourselves on assisting children to transition smoothly into school, and providing children the tools required for future learning and life long success!

Independent Targeted Age Appropriate Learning Sessions - 4YR OLD & 3YR OLD

Fees as low as \$10/day

COMMUNITY OWNED - ALL FUNDS GO BACK INTO THE PRESCHOOL

PHONE: 02 69441580
EMAIL: mail@gundagaipreschool.com.au
Drop in to our preschool at any time - 89 First Avenue Gundagai



AUTHOR EVENT

Author talk and Q&A with
SOPHIE GREEN

Monday 26 August 2.00pm
Cootamundra Library
61-71 Wallendoon St


get the whole story at hachette.com.au

WE HAVE MOVED!!!!

The regular group of women who meet at the Long Track Pantry on Monday mornings have moved their weekly catch up to Wednesday's.

All are welcome to join us. We are a great relaxed and friendly group that have been meeting for well over 6 + years.

The catch up is very informal. People arrive at anytime after 9am (occasionally a tad earlier) and stay as long as their time permits. Some times less than 30 minutes , other times an hour or so. You can find us usually at the long table at the window or just follow the sound of laughter!!

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CHURCH NEWS CATHOLIC



2nd and 4th Sun Mass at 9am
1st 3rd & 5th Sun Liturgy at 9am

Jugiong Art Exhibition
Cocktail Party Fri 22nd Nov
Art exhibition continues Sat 23rd and Sun 24th Nov
Feature Artist: Kyah Wilson

Hall & Grounds

Bookings:
Michelle Delaney
0455330611
2019



TRANSFER STATION

Thursdays—1:30—4:30
Saturdays— 1:30—4:30



JUGIONG BUSHFIRE BRIGADE

Emergency 000
Fire Control Harden
02 63 863 170

Jugiong Captain

Kevin Fairall
0428 593 880

Snr Deputy Captain

Ian Coggan
0269454225
0428 220 974

Deputy Captains

Jim Grange
0418 772249

Ken McGuirk
0269454342
0427 454342

Karen Fairall
0407 218 868

Good things come to an end and this weekend is our Chef Jenni's last weekend cooking with us. She is staying with us one more week though and we are planning a farewell for her on Saturday 31 August so head down this weekend for her last Special and call in the following weekend to say goodbye! At the same time you can meet our new Italian Chef Denis who joins us this week.



FRIDAY & SATURDAY NIGHT SPECIAL

Grilled Salmon Fillet with Lemon & Dill Sour Cream; served with Roasted Butter Potatoes and Freshly Steamed Vegetables - \$22.00

Join Us for:

Monday: Poker – 7.00pm start Wednesday: \$14.00 Blackboard Special – Curried Sausages & Rice
Thursday: Darts – 6.30pm start Friday Raffle – drawn at 7.30pm

All proceeds from our raffle support Jugiong Motor Inn Cancer Fund supporting locals.

Bar Trading Hours Monday – Friday: 4.00pm – Close Saturday: 2.00pm – Close Sunday: 12.00pm – Close

Pizzas are available throughout trading hours.

Restaurant Hours: Sunday – Wednesday: 6.00pm – 8.00pm, Thursday: 6.00pm – 8.30pm
Friday - Saturday: 6.00pm – 9.00pm

Bookings for the restaurant are recommended – especially on weekends.

Jen & Mark – 6945 4269

THE ROADHOUSE ON RIVERSIDE

Open 5 days a week
Monday to Thursday 8am-9pm
Friday 8am to 8pm
FRESH BAKERY GOODS
Email: theroadhouseonriverside@gmail.com
0410127499

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nutrition • training • wellness

I am a qualified Personal Trainer, Vinyasa Yoga and Pilates instructor, Nutrition and Wellness coach to help you reach any fitness goal and to guide you on a balanced lifestyle. I have my own Studio Gym in Jugiong with an intimate unique vibe.

Follow me on Instagram / Facebook - [mandymandyfitness](#)
Book into a class - contact me by text **0429 316 786**

BOOKINGS ESSENTIAL, LIMITED SPACES
To book your spot contact me on 0429 316 786
Prices and classes subject to change, please check my website for up to date information www.mandymandyfitness.com.au

PERSONAL TRAINING
If you are looking for a personal program to suit your specific goals I offer personal training

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nutrition • training • wellness

2019 CLASS SCHEDULE

GINO'S FRUIT AND VEG

Gino's Fruit and Veg
Open every Wednesday
10am to 4pm Every
Next door to the Longtrack Pantry
And Jugiong Wine Cellar.
We are grateful for your support.
Gino and Jen

Jugiong Golf Club AGM

When: Sunday 15th September 2019
Where: Jugiong Golf Course Clubhouse
Time: 10.30am
All most welcome to come along & assist in rejuvenating this great facility in Jugiong.

JUGIONG ENGINEERING SERVICES

- General Engineering
 - Pump Repairs
 - Machinery Repairs
 - Machining
 - Steel Fabrication & Welding
- Contact Shane on

MANTON, COBLE & LEES LAMB MARKING

Contact Jason ph: 0408 149 833
Email: jdmanton@bigpond.com
Providing quality lamb marking.
No job too big or small

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